



Vinyasa Flow Yoga				
	Monday	Tuesday	Wednesday	Thursday
Time	No Class	4:30 pm - 6:00 pm 6:30pm - 8:00pm		9.30 am - 11 am 4.30 pm - 6 pm 6.30 pm - 8 pm

Aerial Yoga (Silks)				
	Monday	Tuesday	Wednesday	Thursday
Time	6:00 pm - 7:00 pm	No class	5.30 pm - 6.30 pm	No Class

	Monday	Tuesday	Wednesday	Thursday
TERM 2 - 2024				
Date	6-May	7-May	8-May	9-May
	13-May	14-May	15-May	16-May
	20-May	21-May	22-May	23-May
	27-May	28-May	29-May	30-May
	3-Jun	4-Jun	5-Jun	6-Jun
	Kings Birthday	11-Jun	12-Jun	13-Jun
	17-Jun	18-Jun	19-Jun	20-Jun
	24-Jun	25-Jun	26-Jun	27-Jun
	1-Jul			
	TERM 3 - 2024			
Date	29-Jul	30-Jul	31-Jul	1-Aug
	5-Aug	6-Aug	7-Aug	8-Aug
	12-Aug	13-Aug	14-Aug	15-Aug
	19-Aug	20-Aug	21-Aug	22-Aug
	26-Aug	27-Aug	28-Aug	29-Aug
	2-Sep	3-Sep	4-Sep	5-Sep
	9-Sep	10-Sep	11-Sep	12-Sep
	16-Sep	17-Sep	18-Sep	19-Sep